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Along the Lakeshore

Upcoming events
 Page 7

Host with the most
 Roselawn welcomes Linden MacIntyre
 Page 14

'Unprecedented' poverty
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 Page 12

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INPORT NEWS

New contact information

InPort News Staff

In light of *The Tribune's* Port Colborne office closure, staff can now be reached at the Welland office.

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WAINFLEET FALL FAIR: Annual event stays true to its roots

A growing success story

MAGGIE RIOPELLE
 InPort News Staff

WAINFLEET — Organizers expected 6,000 people to flow through gates at the Wainfleet Fall Fair.

The three day event, which is growing thanks to a refocus on the agricultural aspect, started last Thursday and wrapped up Saturday with a full day of entertainment, Wainfleet Idol competition, pet show, kids tractor pull and pumpkin carving.

"Basically, fairs are a dying breed," said Wainfleet Agricultural Society president David Wyatt. "It's important for people to understand their agricultural heritage. People need to know where their food comes from ... not the grocery store shelves."

In its 42nd year, the fair tried to keep true to its roots celebrating locally grown produce and cattle farms. There were prize winning pumpkins, tomatoes and corn on display, as well as prize bunny rabbits, roosters, and geese.

"We want to have that focal point ... most fairs today are midway and shows," he said.

While the fair keeps true to its roots, Wyatt said it's also important to provide entertainment. This year, the event featured a lot of home-grown talent, he said, which likely helped increase the number of visitors.

Most fairs, he said, are seeing the numbers through the gates getting smaller every year but this fair is seeing an increase year after year. Last year, about 5,000 attended over the three day period and this year, organizers estimated about 6,000 visited. Last year, the fair added a farmers' market and pancake breakfast — both were well-received and continued as part of this year's festivities.

See WAINFLEET FALL FAIR | Page 2



MAGGIE RIOPELLE Staff Photo
 Kristen Oudman, 8, and Chloe Grabel, 7, looked at one of many displays of vegetables, flowers and plants at the Wainfleet Fall Fair.

See Inside: **PUPP'S INSERTS**
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■ WAINFLEET FALL FAIR

Big success for small town event



MAGGIE RIOPELLE Staff Photo

A group of children gather around to pet a rabbit at the Wainfleet Fall Fair. There were many award-winning bunnies, roosters and geese on display.

FROM PAGE 1

"What fair shouldn't have a farmers' market?" he asked.

"On Friday, we had school tours. We had much more participation from Port Colborne schools and the kids loved it."

It helps, he said, to have new volunteers bringing new ideas to the table. Without the nearly 200 volunteers, as well as support from local corporations, the fair wouldn't be possible, he said.

Fairs can be costly, he said, as last year expenses were \$50,000 with only half of that being recouped at the gates.

In today's economy, Wyatt said, it's important for organizers to keep rates low to encourage families to visit.

There has to be a balance between dollars at the gates, quality activities, and support from the companies, volunteers and visitors.

Luckily, people are always stepping up to the plate and people keep coming back to the fair, he said.

"The feedback from the community is that they are ecstatic ... we are getting visitors from all over and they say this is a great small-town country fair."

■ HEALTHCARE: NHS and Niagara EMS reach agreement

Non-emergency patients to go to urgent care centres

InPort News Staff

PORT COLBORNE — Ambulances will bring non-emergency patients to Port Colborne and Port Erie urgent care centres. Sunday, Niagara Health System and Niagara Emergency Medical Services sent out a joint press release announcing new guidelines developed to allow non-emergency patients to be transported to the urgent care centres.

"There's no question it's a step in the right direction," said Port Colborne Mayor Vance Badaway.

"It's something we did identify ... and how important it is to continue that service in the community. We have the 'H' staying on the hospital, EMS back at the hospital ... it's all a work in progress. At the end of the day, it is our intention to enhance services at Port Colborne hospital."

After the emergency room in Port Colborne was converted to an urgent care centre, ambulances no longer brought patients there. It was suspected the same would happen at Fort Erie's Douglas Memorial hospital. That will now change.

"We are extremely pleased to have these protocols in place to support the new urgent care centres in Fort Erie and Port

"We are extremely pleased to have these protocols in place to support the new urgent care centres in Fort Erie and Port Colborne.

Debbie Sevenpiper, NHS president/CEO

Colborne," says NHS president/CEO Debbie Sevenpiper. "A number of people worked very diligently to achieve this result on behalf of our patients including our doctors, Niagara EMS and Mayor Doug Martin and his team at the Town of Fort Erie."

The new guidelines have been implemented in Fort Erie where the ER was recently converted to an urgent care centre. In October, the same guidelines will be implemented in Port Colborne.

NHS and Niagara EMS have been working collaboratively to develop new guidelines for non-emergency patients to be transferred to urgent care centres.

Acutely ill emergency patients will continue to be taken to the most appropriate hospital with an emergency room.

"This process will better allow EMS to match the health care services patients in Fort Erie need with the care available in their community," said Niagara EMS chief John Cunnane. "Having guidelines such as these enable paramedics in collaboration with other health professionals to make these decisions safely and effectively, keeping the best interests of the patients as the focus."

"At the end of the day, it is our intention to enhance services at Port Colborne hospital.

Mayor Vance Badaway

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portraits

Fall fair fun

Scenes from the Wainfleet Fall Fair held Sept. 24 to 26.
Photos by Maggie Riopelle, InPort News Staff



Above: A group of children carved their pumpkins at the fall fair. The event was expected to draw about 6,000 people during its three-day duration.

Below: Award-winning jams, pears and sauces were on display at the fair.



Above: The fall fair just wouldn't be the same without some cattle in the barn. At the Wainfleet Fall Fair, there were cows, sheep and even alpacas on display.



Avery Smits-Talving, 6, digs into her pumpkin as she participates in the carving contest.



Dan Rykse paints name plates and sayings free hand as a thank you to visitors.

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Ken Koyama, publisher, general manager

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ourview

Marathon of Hope sprints forward

The Terry Fox Marathon of Hope hasn't aged in its 29 years. It seems to renew itself each year to everyone's amazement.

One reason is that few people have not been touched by cancer themselves, in their families and among their friends.

Mothers, fathers, grandparents, brothers, sisters and children — odds are that someone in your life has been affected by cancer. And one day, you might also suffer from the deadly disease.

Another reason is that Terry Fox's story remains immediate for young people.

As was pointed out at Lakeshore Catholic High School, where students raised \$5,800, Terry was the same age of many of our local students when he learned he had a cancer that cost him his leg and eventually his life.

His story resonates with the young while his quest for a cure wrenches at the hearts and minds of adults.

When we look at the continued success of the run, we must salute the public relations skill of its national organizers The Terry Fox Foundation.

They keep the quest alive and fresh, in addition to his memory and his mission.

In Port, a number of residents also had their long and short legs clipped for a good cause. Some did it to raise money, while others donated their hair to worthy organizations that provide wigs for cancer patients.

A relatively recent innovation is National School Run Day which was held Sept. 25.

It allows schools to participate separately from the second Sunday of September Terry Fox Run day. Educators use Terry Fox as a role model and his story an inspirational teaching tool.

They continue to appeal to young people at schools like McKay Elementary School — whose students made their way from the school to H.H. Knoll Lakeshore Park last Friday — is what keeps the Marathon of Hope going.

Terry's message was heard loud and clear as students marched down the street chanting, carrying flags and wearing T-shirts adorned with Terry's smiling face.

It has raised more than \$490 million for cancer research. While an ultimate cure for all cancers still eludes researchers, many ways to ease the effects of various forms has been found.

It's a matter of time, effort and funding as we keep running for Terry, September after September.

LOCAL EVENT: Barbecue fires up support for Every Kid



Every Kid in Our Community Port Colborne/Wainfleet held its fourth and final summer neighbourhood barbecue on Sunday, Sept. 13. More than 150 people dropped by Victoria Park and the Port Cares Reach Out Centre to enjoy free food, a bouncer, games, face painting and more. The summer barbecues were a huge success and Every Kid in Our Community was fortunate to have the support and commitment from many local volunteers and businesses.

Submitted Photo

I'VE BEEN THINKING ABOUT...

Celebrating God's presence

STEVEN DAVIS

Central United Church, Port Colborne

We live in a time when many people seem to be tragically distanced from God.

I see that on a regular basis in my ministry, as I deal with people who, facing a variety of circumstances, find it difficult to perceive the presence of God. The result of this is usually either rejection of God (I can't believe that God is with me then there must be no God) or fear (the very distance we perceive makes God seem more mysterious, more frightening and less approachable).

I've often thought that the antidote

to either of these problems is found in some words of Jesus that were recorded in Luke 18: "The Kingdom of God does not come with your careful observation, nor will people say 'here it is' or 'there it is' because the Kingdom of God is within you."

These words of Jesus would seem to suggest that either the rejection of God or the frantic spiritual quest that some may engage in to find a silver of communion with the divine are both misguided. To either reject God because we can't find him or to frantically search for God miss the basic point that Jesus was trying to make.

See I'VE BEEN THINKING | Page 6

readers' views

Thank you Marshville volunteers

On behalf of the Marshville Heritage Festival Committee, I would like to extend a sincere thank you to all the faithful volunteers who gave their time and energy to make this year's festival one of the best ever!

Many of the surveys handed in complimented the volunteers with such gracious words as very polite, helpful, accommodating, knowledgeable, looked authentic in period wear, etc. That it is a nutshell.

You, the volunteers are our biggest

asset along with the fantastic weather), so thank you! Thank You!

A number of valuable items were found and are in our possession, please call 905-899-9995 if you lost something.

The winners of our raffles were: quilt ticket No. 0991 Terri Bayes of St. Catharines and the canoe winning ticket is No. 2696 Carl Piel of Stoney Creek.

Margaret R. Robertson

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WORLD ISSUES

Iran: Snowdown



Gwynne Dyer

The Iranians have been watching too many James Bond movies. If you want to hide a secret uranium enrichment plant, you should bury it under some existing structure in the heart of the city. Following out a mountain just attracts the attention of every intelligence service in the world. They start watching as soon as the first approach road shows up on the satellite photographs.

Western intelligence agencies have known about Iran's second uranium enrichment plant, hidden in the mountains west of Qom, since construction began in 2006. Amazingly, it took until now for Iran's spoils to realize that and warn Tehran to come clean.

On Monday, the Iranian government delivered a letter to the International Atomic Energy Agency (IAEA) admitting that the plant existed. Hiding things always causes suspicion.

"The revelation of this second nuclear enrichment site... proves beyond any doubt that (Iran) wants to equip itself with nuclear weapons," said Israeli Foreign Minister Avigdor Lieberman.

The Qom discovery also brought Russian President Dmitry Medvedev around to the view that, "in some cases, sanctions are inevitable."

The United States, Britain, France and Germany were already convinced that Iran is working on nuclear weapons, and Russia makes five. Out of the six countries that are negotiating with Iran (the five permanent members of the Security Council plus Germany), only China is still holding out, but it is starting to waver.

Next Thursday's meeting between Iran and the Six may not be followed immediately by sanctions, but they are coming soon. Yet it is still not clear that Iran is actually seeking nuclear weapons. The religious leadership regularly declares that they are "un-Islamic," and presumably takes its own decrees seriously. On the other hand, the country has been facing the threat of attack by the United States or Israel, using conventional or even nuclear weapons, for decades. So it's hardly surprising that the Iranians decided on a back-up site for uranium enrichment in case their main enrichment plant at Natanz were destroyed.

See GWYNNE DYER | Page 5

■ GWYNNE DYER

Has Iran broken the law?

FROM PAGE 4

However, the site near Qom is much smaller, and could not supply the large quantities of slightly enriched uranium that a nuclear power station requires. What it could do is supply the small quantities of highly enriched uranium that a nuclear weapons requires. Many people therefore think that the Iranians meant to keep the Qom facility secret permanently, enriching uranium for nuclear weapons there while everybody monitored their innocent activities at Natanz. Others, including myself, think that the secondary site near Qom is meant to give Iran the option of going flat-out for nuclear weapons if the U.S. or Israel attacks and destroys the main enrichment site at Natanz. Both of these possible rationales were pretty stupid, since there was really no way that the Qom site could stay secret. But it does matter which of those motives underlay the Qom site: was it to build secret nuclear weapons as soon as possible, or to have the ability to build nuclear weapons if attacked?

The probable answer, given the regime's theological objections to nuclear weapons, is that it genuinely wants an independent source of fuel for its civil nuclear power program, since it has repeatedly been targeted by embargoes and sanctions in the past — and it also wants the ability to produce nuclear weapons within six to 12 months if it is attacked. A number of other countries have sought and attained such a threshold capability over the years, and it is perfectly legal. Maybe it shouldn't be legal, but under the Nuclear Non-Proliferation Treaty, it is.

The current crisis is occurring because some countries believe that Iran intends to go beyond that legal threshold, and actually make nuclear weapons now. They are the same countries that mistakenly thought Iraq had nuclear weapons and invaded it in 2003. They may be wrong again. Some governments will argue that Iran has already crossed that legal threshold by keeping the Qom site secret from the IAEA. Under the normal NPT rules, it would only have to declare the site six months before it actually starts processing uranium there, but in 2003 Iran voluntarily signed the so-called Subsidiary Arrangement, under which it promised to inform the IAEA of new nuclear facilities in the design stage. It subsequently repudiated that extra obligation, but the IAEA says it cannot do so unilaterally. So maybe Iran has now broken the law, or maybe it hasn't. But sanctions are now almost certain, and the odds on this ending in U.S. or Israeli military strikes on Iran just get a lot shorter.

Gwynne Dyer is a London-based independent journalist whose articles are published in 45

■ HORTICULTURAL SOCIETY: Celebrating 80 years



MAGGIE RIOPELLE Staff Photo

The Port Colborne Horticultural Society celebrated its 80th anniversary. Pictured above: Secretary Vivian Shoalts presented the Life Membership Award to Dorothy Neff.



ALLAN BENNER Staff Photo

Gloria Arnold, Grade 5 teacher from McKay Public School, distributed the large quantity of the annual Terry Fox Run to students sitting around a tree at H. H. Knoll Lakeview Park planted in 2005 in recognition of the 25th anniversary of the Terry Fox Run. All 290 students from the school participated in the annual event, which has brought in more than \$23,000 over the past 12 years at the school.

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■ I'VE BEEN THINKING

Opening up to the divine presence within us

FROM PAGE 4

God doesn't have to be found, neither does God's presence have to be sought. God's presence should simply be celebrated. Rather than wasting valuable time searching here and there for God, Jesus seemed to suggest that we should sit back, still ourselves, and realize that God is already within us, guiding us and directing us.

I wonder what kind of difference it would make in our society if, instead of desperately searching, we became aware of God's immediate presence?

Many of the faults of religion which have caused so many people to turn away from the church or from organized religion in general would surely disappear if we could live with both the certainty and the assurance that God is right here with us.

Much of the bigotry, hatred and violence that so many people perceive to be a part of religion would surely disappear if we who

claim to believe in God would take seriously the proposition that a loving God who created us all, who came to us in Jesus and who sacrificed for us (showing us that to follow the way of Jesus is based on humility and service, rather than on power and control) was actually and powerfully present with us.

The Christian faith, it seems to me, has made great strides in recent decades, moving from a faith which unfortunately often sought to scare people into the Kingdom through "fire and brimstone" sermons and threats of damnation to a faith which has largely come to understand that the way of Jesus is the way of love — love for God and love for neighbours — expressed in service.

Certainly, we're not perfect. Far from it. In fact, but at least we seem more able now to humbly acknowledge our imperfections.

It seems to me that the acknowledgement of our imperfections — our willingness now to admit that however faithful we may strive to be, we are far from what God wants us to

I wonder what kind of difference it would make in our society if, instead of desperately searching, we became aware of God's immediate presence?

be — opens us to the presence of God within us. Rather than painting a picture of God as we want God to be, perhaps we can now allow God to do the painting, recreating us — slowly and bit by bit — into what we should be.

If only we could all — Christian and non-Christian, religious and non-religious — be at least open to the possibility of God's presence within us, and strive to live in the light of God's presence, rather than in the darkness of our own presuppositions and prejudices, what a wonderful world we might be able to create.

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Q. When do I actually get my Immediate Denture?

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Q. How long is the healing process?

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Q. What are the benefits of having an Immediate Denture?

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alongthelakeshore

Oct. 8: The Port Colborne Hospital Auxiliary is holding a bake sale at the main lobby of the hospital at 9 a.m.

Oct. 15: The Port Colborne Horticultural Society will be hosting its October meeting at the Friends over 55 Seniors Centre on Fielden Ave. at 7:30 p.m. The "buzz" around the garden is that bees are very important to the garden. Guest speaker Rick Harvey will address this topic. Light refreshments will be available.

Oct. 30: Meals on Wheels Port Colborne will host a spooktacular murder mystery dinner (aste-

fully executed) in support of the United Way. Tickets are \$40 for the dinner to be held at the Croatian National Home on Broadway Ave. in Welland. Call 905-835-1581 for tickets.

Ongoing

• **Tuesdays** at St. Peter's Lutheran Church, 200 Erie St., the Port Colborne Air Cadets will accept new registrations during their training nights from 6:45 p.m. to 9 p.m. The cadets are available for boys and girls between the ages of 12 to 18. For more information, contact John Derosie at 905-227-7609 and visit www.cadets.ca.

• **Crafters Wanted** for the annual craft sale at Friends Over 55, on Saturday, Nov. 14 from 9 a.m. to 1 p.m. Cost is \$10 per table call the Centre at 905-835-1733, or stop by 554 Fielden Ave. for more information.

• **Adult Children of Alcoholics** is an anonymous 12 step program and support group for persons who grew up with alcohol or dysfunction. Meetings Fridays, 10 a.m. to 11 a.m. at Central United Church, 30 Delhi St. Newcomers welcome.

See **ALONG THE LAKESHORE** | Page 13

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Macaroni & Cheese

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2. Melt butter in a large pot. Stir in flour, mustard & pepper; blend together thoroughly. Slowly add milk, stirring or whisking constantly. Bring to a boil; boil for 1 minute, continuing to stir.
3. Remove from heat & stir in cheese until melted. Add reserved macaroni; stir until thoroughly combined.
4. Preheat oven to 325 degrees F. Spray a 9 quart baking dish with non-stick cooking spray. Pour macaroni mixture into dish. Sprinkle with more cheese, paprika & dried parsley.

Bake for 3/4 to 1 hour uncovered, until hot & bubbly.

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■ **CULTURE:** Students celebrate their heritage

Submitted Photos

Students and staff at Ecole Saint Joseph celebrated their French heritage and trademark green and white flag called le drapeau franco ontarien last Friday. Students participated by marching down the street showing off their colours, participated in activities and painted their faces green and white.



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File No. D14-03-09

**CITY OF PORT COLBORNE
NOTICE OF INTENTION TO PASS A
ZONING BY-LAW AMENDMENT TO REMOVE A
HOLDING SYMBOL PURSUANT TO SECTION 36 OF
THE PLANNING ACT, R.S.O. 1990**

TAKE NOTICE that the Council of the Corporation of the City of Port Colborne proposes to pass a By-law on October 13, 2009, at 6:30 p.m., under Section 36 of the Planning Act, R.S.O., 1990, for properties lying contiguous to the north and south of Main Street West, east of Elm Street and west of the Welland Canal in the City of Port Colborne, Regional Municipality of Niagara and as shown on the map below.

By-law 5052/107/07 was passed on the 24th day of September 2007 and amended Zoning By-law 1150/97/81 by applying a "Holding Provision" to those lands that would prohibit the issuance of a Building Permit for exterior development until such time that the City has:

- 1) Completed detailed exterior Urban Design Guidelines.
- 2) Completed and adopted a Community Improvement Plan addressing special design policies and programs.
- 3) Amended the Official Plan to contain urban design policy framework and the requirement of Site Plan Control for new development.
- 4) Amended the Site Plan Control By-law to require all development to be subject to Site Plan Control.

The above requirements will have been completed to allow the Holding Provision to be removed from the subject property.

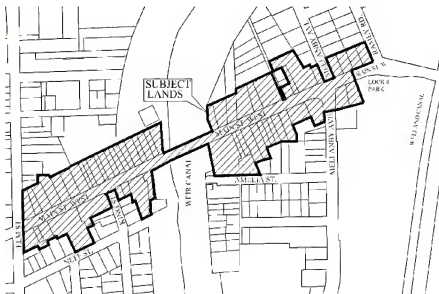
Please note that in accordance with the provisions of Section 36(4) of the Planning Act, R.S.O., 1990, the passing of the proposed By-law is **NOT** subject to appeal to the Ontario Municipal Board.

If you have any questions they may be directed to Shannon Larocque of the Department of Planning and Development at (905) 835-2901 ext. 202.

Dated at the City of Port Colborne this 23rd day of September, 2009.

Shannon Larocque, Planner
Department of Planning & Development

City of Port Colborne, 66 Charlotte Street, Port Colborne, Ontario L3K 3C8



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■ MCKAY SCHOOL

Breakfast Club gets a boost



Staff Photo

McKay School Breakfast Club got a boost from the Young Automotive Professionals when the company donated a cheque for \$1,000. Shown here are Tom Little, of The Young Automotive Professionals; Karen Gagnon, educational assistant and club volunteer; students Emilee Van Helvert and Jason Thewles; and McKay vice-principal Greg Watson.

InPort News Staff

PORT COLBORNE — The Breakfast Club at McKay School is going strong thanks to local community support.

Recently, the Young Automotive Professionals dropped by the school to present the breakfast club with a \$1,000 cheque, proceeds from the company golf tournament held this summer at Whisky Run Golf Course.

"Youngs (Automotive Professionals) is our biggest supporter and we are their biggest fans," said Karen Gagnon, breakfast club volunteer and an educational assistant at the school.

The club got underway at the school last September. "It started out three days a week and very quickly we had to bump up to five," Gagnon said.

Gagnon said the program really needs volunteers. "The club wouldn't run without the volunteers," she said. "They work really hard."

Gagnon also said that it is support from businesses like The Young Automotive Professionals that makes the breakfast club at the school possible.

The breakfast club was founded on the idea that children learn better on full stomachs. Last year, the program was getting about 160 kids a day.

This year, the numbers are down a little but steps were taken to make the program more environmentally-friendly. Gagnon said the club recently purchased plastic cups and plates that can be reused.

The program follows the Canada Food Guide and has nutritional partners that recommend menu choices. Children get everything from French toast to fresh fruit to help start their school day on the right foot.

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■ **PORT CARES:** Social assistance agency reports more than 56,000 client contacts last year

One in seven Niagara children are living in poverty

ALLAN BENNER
InPort News Staff

PORT COLBORNE — The need was unprecedented over the past year.

"I was amazed to read the statistics in the manager's report," said Lynda Reinhart, executive director of Port

Cares. "It said over 56,000 client contacts were made at our resource centre front desk, and 29,000 of those were made in person."

The social assistance agency has made a difference for many of those people, Reinhart told a standing-room-only crowd at the annual general meeting, Tuesday Sept. 22 at the Port Cares Reach Out Centre on Nickel St.

For instance, about 80% of the 900 people who sought the organization's assistance in finding employment were working within three months of visiting Port Cares' job centre.

Meanwhile, about 70% of the clients at the organization's learning centre went on to further education.

While Niagara community services commissioner Brian Hutchings congratulated Port Cares on its accomplishments over the past year, it was his presentation that made it very clear there's much more to do to address issues of poverty in Port Colborne, and throughout the region.

Quoting information compiled in the region's 2007 report *A Legacy of Poverty*, Hutchings told the audience that discussing poverty is not a popular topic for people trying to boost the region's tourism.

"It's beautiful. There's no poverty on Queen St. in Niagara-on-the-Lake," he

said.

But one in seven Niagara children are living in poverty, and 42% of social assistance recipients are children. The region's studies also clearly demonstrate that poverty is having an impact on children academically. It's not something that can be ignored.

Hutchings called it "a blemish" that needs to be exposed so it can be dealt with. And his department has a plan to help.

He said the regional government has committed \$1.5 million in annual funding to reducing poverty in the region. It's part of a plan to invest in neighbourhoods where there are high levels of people living in poverty.

"The Business Education Council is our partner and they're playing a leading role helping us make these investments, working with local agencies," he said.

"The idea first of all is investing in organizations like Port Cares, the next thing will be investing in people in neighbourhoods."

Hutchings said the region is also considering partnering with businesses, "to try to see what assets we can build in neighbourhoods such as this to help individuals out."

But additional changes need to occur at higher levels of government as well, including on employment insurance reform.

For people who lost their jobs, he said employment insurance used to be the first step in the social safety net. But now, an increasing number of people who don't qualify for employment insurance are forced to apply for social assistance.

See PORT CARES | Page 15



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■ **alongthelakeshore**

FROM PAGE 7

Port Colborne Public Library activities:

- Kids Knitting with Vicki Fretz. Classes begin Thursday afternoon, Oct. 1 to Oct. 29 from 4 p.m. to 4:45 p.m. \$15 for five classes (you need five classes to complete your project). Call Vicki at 905-835-5373. Register and prepay at the library, space is limited.

- Tai Chi can improve your health, well-being, balance and breathing. Mondays 6:30 p.m. to 8 p.m. at the library. Call 905-321-9536.
- Yoga with Heather Jones at the Port Colborne Public Library. Wednesdays, 9:30 a.m. to 11 a.m. Began Sept. 16 and runs until Nov. 4. For more information or to register call Heather at 905-892-6936.
- Adult Knitting classes with Vicki on Tuesdays evenings. Began on Sept. 22 and runs until Oct. 20. From 7 p.m. to 9 p.m. and Thursday afternoons (until Oct. 22) from 1 p.m. to 3 p.m. To join the knitters' club call Vicki Fretz at 905-835-5373.

• Stories and crafts. For ages six and under. Began Sept. 24 and runs until Dec. 3. Cost \$1. Pre-register at the library. Parents are required to stay with children under age three.

• Cocoa Craft Club. For ages eight to 13 on Wednesdays, Sept. 30, Oct. 7, 21, Nov. 4, 18 and Dec. 2. Stories, activities, games, crafts & a mug of cocoa. Cost is \$2. Pre-register at the library.

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■ **PEOPLE, PLACES:** Journalist reads from latest novel. *The Bishop's Man*: Paul Dayboll joins half-century club: taking a bow after last ballroom lesson

Roselawn welcomes CBC host, author Linden MacIntyre



■ BY GEORGE

Port restaurant serves up hospitality

FROM PAGE 14

There's a place you go when what you really want is to be at home but you just don't feel like cooking. I really did feel like we were at someone's house and not at a restaurant. Thank you to both of you for your hospitality.

One, two, three, four. One, two, three, four. With your partner, move forward, to the side, back, and to the side.

There. You've just danced the waltz. A very basic waltz, mind you, but still, the waltz.

Ten weeks of ballroom dancing lessons swept into the Italian Hall last Wednesday and, well, two things.

First, I had no idea how simple a dance step the waltz actually is. What you do with it after that, of course, gets much more difficult but I can see how once we get the hang of it, it will become effortless. That's the idea, anyway.

Second, I had no idea what an excellent workout it is. After an hour lesson, my calves were

sore. Of course, that might say more about me than the dancing.

There were about a dozen of us and it's a fun, diverse group, both in age and in experience.

As I wrote a month ago, leading up to the lessons, Sue and Peter Kennington, 58 and 66 respectively, of Niagara Falls, are teaching the lessons. They're a fun couple that met in 1997, began dating in 2001, and married a year later. And, they really know their stuff.

The hall, with the hanging chandeliers, grand elegance and spectacular dance floor, is a natural setting for ballroom lessons.

The coming weeks will be fun. Going out dancing after that will be even more fun. We're looking forward to it.

George Duma is a resident of Port Colborne and has spent 30 years in the newspaper business. He is currently a member of the journalism faculty at Niagara College. He welcomes comments and column suggestions and can be reached at: glduma@rogers.ca.

■ PORT CARES

Society needs paradigm shift to address poverty

FROM PAGE 12

"We're seeing more and more people coming into our offices who are ineligible for employment insurance," Hutchings said.

Another thing that needs to change on a societal scale is public perception of the poor and a tendency to blame them for their poverty. "There are a lot of individuals out there who are working damn hard ... and they're still in poverty," he said.

There was a time in the 1960s and '70s when seniors were living in poverty. Society, he added, would not tolerate older generations spending their golden years in poverty. It led to the formation of programs such as the Canadian Pension Plan and old age security programs.

The same paradigm shift needs to occur to address poverty in general, and especially among children because social assistance payments leave them below the poverty level.

"Individuals living on social assistance receive \$6,000 a year. That's 62% below the low-income cutoff," Hutchings said.

Meanwhile, a family of four on social assistance is expected to live on about \$15,000 a year. According to recent polls, he said, there is public support for government strategies aimed at eliminating poverty.

"We need to work together," Hutchings said. "We're saying an individual can live on \$6,000 a year. We're saying individuals and kids can live in poverty."

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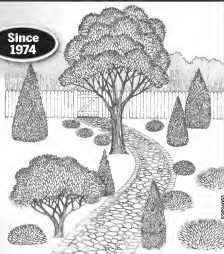
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Apartment/ Unfurnished A610

Must See! 1 & 2 BDRM sets, Pt. Colborne, quiet, central location, parking, Starting at \$625/mth. hydro. Call: (905)652-5465

LOOK Quiet centrally located building with large clean units & laundry facility on site. Close to downtown & shopping. 905-317-7867 to view.

classifiedextra.ca

1-866-541-4781

1 & 2 BDRMS Avail. Oct. 1st. Starting at \$540. hydro. Half month free. Great King Don Hospital & bus stop. [905] 752-1888

1 & 2 BDRM avail. now or next Nov. No Studens welcome. Starting @ \$675/mth incl. taxes, hydro & parking. \$2000 cash. near malls & buses. 905-754-8272

1 BDRM 5500. Wood & Mazzetta Properties. 905-880-9724

3 Pcs & more info at: www.warriorproperties.com

NEW AD

1 BDRM APT Avail Oct. 1st. \$595 incl. all bills paid. Available now. Call: 905-752-0149. Avail. immediately. Call: 905-882-2611

1 BDRM Basement APT. \$550 all bills paid. Available now. Call: 905-752-0149. Avail. immediately. Call: 905-882-2611

1 BDRM large, all utilities, call: 70 St. near King. testbed req. 905-752-0149. Avail. Oct. 1st. 905-882-2611

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Apartment/ Unfurnished A610

NEW AD 1 PLACE TO LOOK www.pelhamnews.ca Year search is over! Point Colborne, 1 & 2 BDRM units. Quiet centrally located building with large clean units & laundry facility on site. Close to downtown & shopping. 905-317-7867 to view.

Must See! 2 BDRM huge, 2nd floor, near Welland. Laundry avail. \$680 + hydro. 905-632-1019

2 BDRM King & Ontario \$550+utils, storage. Immed. Park: 418-28-9810 1010pelham@yahoo.com

NEW AD

2 BDRM mainfloor, \$775 inclusive, balcony, backyard, laundry 1st flr. Call: 905-338-5305 10am-4pm

2 BDRM avail. now or next Nov. No Studens welcome. Starting @ \$675/mth incl. taxes, hydro & parking. \$2000 cash. near malls & buses. 905-754-8272

1 BDRM 5500. Wood & Mazzetta Properties. 905-880-9724

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Apartment/ Unfurnished A610

2 BDRM Furnish, upper duplex, \$700/mth + bills. Rural location. No pets. Enquiries 905-892-5066

Must See! 2 BDRM huge, 2nd floor, near Welland. Laundry avail. \$680 + hydro. 905-632-1019

2 BDRM King & Ontario \$550+utils, storage. Immed. Park: 418-28-9810 1010pelham@yahoo.com

NEW AD

2 BDRM mainfloor, \$775 inclusive, balcony, backyard, laundry 1st flr. Call: 905-338-5305 10am-4pm

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Apartment/ Unfurnished A610

APARTMENT BUILDING on 36 St. W. New ready for tenants. Open house 1 & 2 BDRM 905-351-9545

Must See! 2 BDRM huge, 2nd floor, near Welland. Laundry avail. \$680 + hydro. 905-632-1019

2 BDRM King & Ontario \$550+utils, storage. Immed. Park: 418-28-9810 1010pelham@yahoo.com

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Apartment/ Unfurnished A610

LARGE SPACIOUS 1st & 2nd bdrm. All utilities incl. Fridge, open house 905-754-8475

Must See! 2 BDRM huge, 2nd floor, near Welland. Laundry avail. \$680 + hydro. 905-632-1019

2 BDRM King & Ontario \$550+utils, storage. Immed. Park: 418-28-9810 1010pelham@yahoo.com

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1 BDRM 5500. Wood & Mazzetta Properties. 905-880-9724

Rooms A660
 ROOMS, 660 King St.
 from 660m, TV, fridge, microwave, Call
 today! 905-735-1529

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 30 second
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 rentals, classified news and more!
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EARN EXTRA CASH ADULTS, STUDENTS, SENIORS.

CARRIER WANTED IN YOUR NEIGHBOURHOOD

The Tribune is looking for a carrier to deliver flyers twice a week.

IN THE PORT COLBORNE AREA.
 CARTER ST, PARK ST, CATHERINE ST &
 DELHI ST. AREA.

(NO COLLECTING).

If you would like to earn extra spending money

Please Call 905-732-2414 - Charlene at Ext 270

General Employment A600

THE TRIBUNE

WE ARE LOOKING FOR
 PEOPLE WHO CAN DELIVER.

Serving South Niagara

Call to find out how you can earn extra spending money by delivering *The Tribune* in the morning and our free publication on Wednesdays and Fridays. The following routes are coming available soon:

CARTER ST - PARK ST, ROUTE 306 17 Tribune subscribers and only 3 to collect. \$29 bi-weekly. Call Charlene at 905-732-2414.
CLARE AVE, ROUTE 335 22 Tribune subscribers and 39 non-subscribers. Approx \$49 bi-weekly. Call Charlene at 905-732-2414 Ext 270.
CLARENCE ST (401-201) ROUTE 321 13 Tribune subscribers, no collecting. Approx \$21.00 bi-weekly. Call Charlene at 905-732-2414 Ext 270.
CLARENCE ST (208-407) STEELE ST (190-270) ROUTE 328 16 Tribune subscribers and 32 non-subscribers. Approx \$50 bi-weekly. Call Charlene at 905-732-2414 Ext 270.
CLARENCE ST (140-201) ROUTE 328 13 Tribune subscribers and 32 non-subscribers. Approx \$30.00 bi-weekly. Call Charlene at 905-732-2414 Ext 270.
FOREST AVE, ROUTE 340 14 Tribune subscribers and 24 non-subscribers. Approx \$33.00 bi-weekly. Call Charlene at 905-732-2414 Ext 270.

Storage/ Parking A660
Classifieds Extra, NOW OFFERS
 30 second
 Video Clips
 1-866-541-6757

General Employment A600
ATTENTION READERS
 Classifiedextra.ca, strongly recommends that readers never send money in response to Employment or Job Opportunity advertisements.

General Employment A600
NEW AD
CERTIFIED DENTAL ASSISTANT Level 2, high energetic and motivated, good personal skills, 10 years experience in practice. Please apply Box # 3026 on The Tribune, 226 East Main Street, Welland, ON L3B 3P5

General Employment A600
NEW AD
FULL TIME PART TIME DELI PERSON required to work various shifts. Must be responsible & punctual. Experience an asset but will train. Experience in cash. Must have opening ability. Please drop off resume in person to Country Supermarket, 226 East Main Street, Welland, ON L3B 3P5

General Employment A600
NEW AD
CLERICAL Level 2, high energetic and motivated, good personal skills, 10 years experience in practice. Please apply Box # 3026 on The Tribune, 226 East Main Street, Welland, ON L3B 3P5

General Employment A600
NEW AD
CLERICAL Level 2, high energetic and motivated, good personal skills, 10 years experience in practice. Please apply Box # 3026 on The Tribune, 226 East Main Street, Welland, ON L3B 3P5

Antiques & Collectibles A100

PLACE IT! SELL IT!
 with
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 online video ad placement

A great new way to sell just about anything.
 Your print ad text in this newspaper and your text and video ad will be online.
 Send us your video and have it professionally edited or leave it unedited.
 *Must meet time and content restrictions.
Call us now for details!
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Health & Medical A600

Bridges

Community Health Centre

Fort Erie and Port Colborne/Hamilton

Bridges Community Health Centre (CHC) is newly established with a mandate to provide primary health care and health promotion within the communities of Fort Erie and Port Colborne/Wainfleet. If you are seeking to truly make a difference in the lives of others as well as your own, the Centre is currently recruiting for the following positions to join its multi-disciplinary team:

Registered Nurse (Fulltime):

- Qualifications:
 - ◆ Nursing Diploma or Baccalaureate degree in Nursing
 - ◆ Current Certificate of Competence and in good standing with the College of Nurses of Ontario
 - ◆ Minimum of two years community experience

Health Promoter (Fulltime):

- Qualifications:
 - ◆ Baccalaureate degree in Health Studies or other related discipline
 - ◆ Minimum of two years health promotion experience
 - ◆ Proven facilitation skills

All positions within the CHC require team capabilities, a commitment to client-centred services, communication skills, cross cultural sensitivity, initiative and a driver's license. We welcome all qualified applicants however only those invited for an interview will be contacted.

To pursue these opportunities please send your resume, specifying which position you are applying for, to the attention of Amy Dubeau at amy.dubeau@bridgeschc.ca or via fax to 905-871-9135. All applications must be submitted no later than 4:00pm Friday, October 9th, 2009.

General Employment A600

Canadian Tire, Welland

IS SEEKING

2 Licensed Class A Technicians

& 1 Drive Clean Service Inspector

To work in his new air conditioned shop. Must be able to work weekends and be flexible.

Apply in person to: Bill Mar, 156 Princeville Drive, Welland.

Health & Medical A654

Wanted!
 Dental Administrator
 Applicants must have
 2+ years experience in
 a dental office.
 Please for resume to:
 905-858-0033

Education A600

Lessons & Classes A680

EDUCATION

Lessons & Classes A680

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EDUCATION

**SALE
STARTS**

**Friday
October 2nd**

The Healthy Cupboard

**JUST IN
TIME FOR**

**Cold and Flu
Season!**

**Build your
inner strength!**

Support your immune system daily with these revolutionary, all natural, clinically proven products made with the patented ingredient Wellmune WGP.



Stressmune™

Key healthy to supporting your immune system with clinically proven Stressmune™ made with the patented ingredient Wellmune WGP. Stressmune™ is an all natural ingredient, proven to be effective in supporting your immune system and supporting your overall health and well-being.



Healthmune™

Key healthy to supporting your immune system with clinically proven Healthmune™ made with the patented ingredient Wellmune WGP. Healthmune™ is an all natural ingredient, proven to be effective in supporting your immune system and supporting your overall health and well-being.



Coldmune™ with Elder-C®

Key healthy to supporting your immune system with clinically proven Coldmune™ made with the patented ingredient Wellmune WGP. Coldmune™ is an all natural ingredient, proven to be effective in supporting your immune system and supporting your overall health and well-being.

**BUY ONE
GET ONE**

FREE

**ONE WEEK
ONLY**

While Supplies Last!

Not to be combined with any other promotion.



Buy Ester-C Supreme
(100 caps each)
And Get
Ester-C Supreme

Free!



Buy Ester-C Supreme
(100 caps each)
And Get
Ester-C Supreme

Free!



Buy Ester-C 1000
(100 caps each)
And Get
Ester-C 1000

Free!



Buy Calcium & Magnesium
(100 caps each)
And Get
Calcium & Magnesium

Free!

ONLY THESE 4 PRODUCTS-BUY 1 GET 1 FREE

CUSTOMER APPRECIATION DAY

**WILD
WEDNESDAY**

October 7th

OPEN LATE: Until 7 p.m.

**20%
off**

**SUPPLEMENT
PRODUCTS**

Non Sale Items Only.

**15%
off**

**BODY CARE
PRODUCTS**

Non Sale Items Only.

**10%
off**

**FOOD
PRODUCTS**

Non Sale Items Only.

TWO LOCATIONS!

PORT COLBORNE
494 Steele Street (Portal Village Market)

905.835.9806

FONTHILL
111 Highway #20 E. (Across from Sobey's)

905.892.9054

healthycupboard@gmail.com



**TUNE IN WEEKLY TO:
Ask the Expert:**

RADIO 610AM CKTB

Host: TANYA BIRRELL

**Saturday
OCTOBER 10, 2009
12pm to 1pm**